

<b>Briefing for:</b>	Overview and Scrutiny Committee
<b>Title:</b>	Ageing Well/Procurement of Non-Stroke Services
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Haringey's Overview and Scrutiny Committee submitted a successful bid to the Centre for Public Scrutiny to receive 3 days of expert support linked to the National Ageing Well programme (launched by the Government in July 2010 and sponsored by the Department of Work and Pensions).

The aim of this support was to help identify ways in which Overview and Scrutiny can help address the challenges of an ageing society building on "A good place to grow older?" and "Ten questions to ask if you are scrutinising local preparations for an ageing society".

This CFPS publication identifies **ten key elements** that need to be in place for local areas to have an effective comprehensive approach to planning and delivery of services:

- ✓ Strategy and partnership
- ✓ Involving older people
- ✓ Achievement of cost effective services
- ✓ Diversity, dignity and equality
- ✓ Being prepared for later life
- ✓ Maintaining active healthy lives
- ✓ Participating in work, training and learning
- ✓ Fostering a good place to grow old
- ✓ A little bit of help
- ✓ Personalised health and social care for older people

Attendees used these questions and discussions in order to consider the specification for the procurement of non-stroke rehabilitation services, specifically focusing on accessibility in terms of transport to the unit.



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The services provided by this unit are generally used by those over the age of 65 years and who have been in hospital for an acute spell, for example from a fall. Out of the group in this category a minority will need longer 24/7 care in order to be as independent as possible on discharge.

This service will not replace step-down/re-ablement care provided to those who are discharged home and need some further support to re-gain independence.

The aim is for 75% of patients to be on the unit for 28 days or less. This is based on consultation with Clinicians.

The service being procured is currently provided at Greentrees, St Ann's hospital. It is proposed to relocate this service as part of NHS Haringey's plan to provide stroke and non-stroke in patient rehabilitation at both higher quality and more cost-effectively, and this therefore represents an opportunity to make the service more fit for purpose.

Some current weaknesses of the current unit include:

- Therapy is only provided 5 days a week and therefore not over the weekend. This generally means that progress made over the 5 days can slip back over the weekends.
- Psychological services are not available on the unit.
- Co-location with stroke patients who have different needs to non-stroke patients.
- There is currently no clear service specification and therefore providers can not adequately be held to account.

Keys points from the discussion:

- Accessibility for families and carers to visit the patient during their time on the unit is important as they have an important part to play in the rehabilitation of patients.
- There are only a number of providers who would be able to bid for this specialist service in the first place.
- Time to transfer onto the unit is important .
- The trade off between quality of care and travel time for families and carers (as the patient will be an inpatient).
- Complexity of journey is important as elderly patients are likely to have an elderly partner visiting them.
- Parking availability is also important. It was also noted that those in the West of the borough are more likely to have a car than those in the East of the borough.
- Recognition that the visiting family or carer may not actually live in the borough.

Attendees came to the following conclusions



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- There was a recognition that a single specialist unit is the best way of achieving quality rehabilitation services for people with non stroke conditions.
- There was a recognition of the importance that the patient and carer/family in rehabilitation pathway.
- High quality providers who fall marginally outside of the travel specification should not be excluded from the process.
- Quality of the rehabilitation service to assist the patient in regaining independence is the most important factor in the procurement process.
- Attendees felt that in relation to travel time it should be recommended that the specification should state that:

*“There should be reasonable access for families and carers to visit patients at the service. This access should be no more than about 1 hour from any given point within the borough and with no more than one change on public transport.”*



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## Appendix

### Attendees:

Cllr Jenks	
Cllr Peacock	
Cllr Mallett	
Cllr Winskill	Vice Chair, OSC
Jodie Szwedzinski	Haringey Council
Matthew Pelling	Haringey Council (Commissioning Manager)
Patrick Moreau	Age UK Haringey
Karen Baggely	NHS Haringey
Ian Ross	NHS North Central London
Tristan Brice	NHS Haringey
Lauritz Hansen-Bay	Local Involvement Network/Haringey Forum for Older People/Older Peoples Partnership Board
Melanie Ponomarenko	Haringey Council
Andrew Lawrence	Centre for Public Scrutiny Expert Adviser